



Representing parents and carers of children and young people with special educational needs and disabilities in East Sussex

www.espcf.org.uk

ESPCF's phone line is

OPEN

07949 430359



Call for an informal chat or text for a call back. Let us know how you are getting on, even if you just need a friendly ear or to check in. Your experiences matter.

Visit the ESPCF drop-ins page on our website for details about our regular Zoom sessions for parent carers in East Sussex